

April 25, 2012

American Greetings corporatewide Walking Challenge #3: There's a *new* winner in town, and it's...



"It's great to watch people getting excited about exercise and competition."
— **Mike Neal**, Plant Manager, Danville.

Danville! The Kentucky-based facility claims the top spot in the third companywide walking challenge, stopping two-time (and reigning) walking champ Forest City from a three-peat and laying claim to the walking trophy.

"This is a proud accomplishment for our facility," says **Mike Neal**, Plant Manager, Danville. "It's great to watch people getting excited about exercise and competition. There are many Danville associates who walk all day long while doing their jobs, but they still do extra walking to get their heart rate up when they go home—now that's taking it seriously."

This particular walking challenge had three levels of competition with a winner for each. Among these three, Danville was the overall winner in terms of diligence. The individual winners were:

- 6K challenge – Greeneville
- 7.5K challenge – Danville
- 10K challenge – Ripley

[Click here to see the top walkers from each location.](#)

Haven't yet joined in on the walking fun? You can join the [Walking to Live Well program](#) now or at any time—just by going to AGBenefits.

Watch for another walking challenge this fall. Until then, take advantage of outdoor and indoor walking tracks at your facility. Take the long route to wherever you need to go while at work. Get out and walk in the evening at home.

Park far, far away when running errands. All these small steps that you log will add up to big benefits for your health.

Visit AGBenefits for more information about wellness at American Greetings. We look forward to hearing from associates across the Company about ideas, comments, suggestions, success stories and information you may want to share regarding our wellness initiatives and how we can best promote a culture of wellness at American Greetings. Email us at livewell@amgreetings.com.



The Danville Operations Support Team (DOST) walks together almost every day at break and at lunch and wears their pedometers with pride. From l. to r.: Chuck White, Bobby Harmon, Richard Wolfe, Penny McCarty, Eric Sieberkrob, Bobby Reynolds, Billy Gordon Jr. and Donna McGruer.