

September 19, 2012

Announcing the **Biggest Loser** winners for August...

The following associates were the top “losers” for the month of August in the [Biggest Loser challenge](#)—and each won a \$25 gift card to a local sporting goods store.

Associates lost a total of 734 pounds the second month of the challenge. A lost so far—that’s about the size of an [American bison](#).

The biggest loser for August was **Gary Weathers**, Machine Specialist, JITL weight. In a neat twist of weight loss fate, the female winner at Osceola was Inventory Control.



combined total of 2558 pounds has been

22-Osceola, who lost 12.04% of his body none other than his wife **Sue Weathers**,

"We both realized we were overweight and decided the Biggest Loser contest was how we'd start to deal with it," said Gary. "Because Sue is a diabetic, she enrolled in the [Wellness Coaching](#) offered by American Greetings and shared what she learned with me so we could both approach our weight loss with the same strategy."

For starters, the couple has much healthier meals now. "We stay away from fried foods, and we have learned to read labels and found out that makes dieting so much easier," said Sue. Because of Sue's condition, they count carbs versus calories.

They also walk a lot—both individually and together. If weather permits, they walk at least two miles a day four days per week. Gary usually walks six to eight miles on Saturday and Sunday. "Gary will reach his goal before I do, but we both have the determination to make this our year and shed those unwanted pounds," said Sue.



Osceola winners Gary and Sue Weathers.

Location	Associate	% Lost
Bardstown	Jason Payne/Vince Gast	3.04%
	Mary Evans	3.76%
Danville	Morgan Bottoms	6.92%
	Janet Patterson	6.89%
Forest City	Sandy Arrowood	3.97%
	Sandra Lytle	4.29%
Greeneville	Rocky Summie	7.47%
	Angela Shelton	3.38%
Osceola	Gary Weathers	12.04%
	Sue Weathers	6.79%
PRG - Chicago	Linda Porter	4.91%
PRG – Fairfield	Kelly Martin	2.60%
Ripley	Daniel Willis	2.95%
	Rosa Garrett	1.94%
WHQ/Sales/FSO	Adam Verheyen	3.67%
	Astrid Crocker	4.90%

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