

Find a Dental Provider

With MetLife Dental insurance, you can choose from thousands of general dentists and specialists nationwide. You can find the names, addresses, languages spoken and phone numbers of participating dentists by searching our online **Find a Dentist** directory.



Step 1: Go to metlife.com



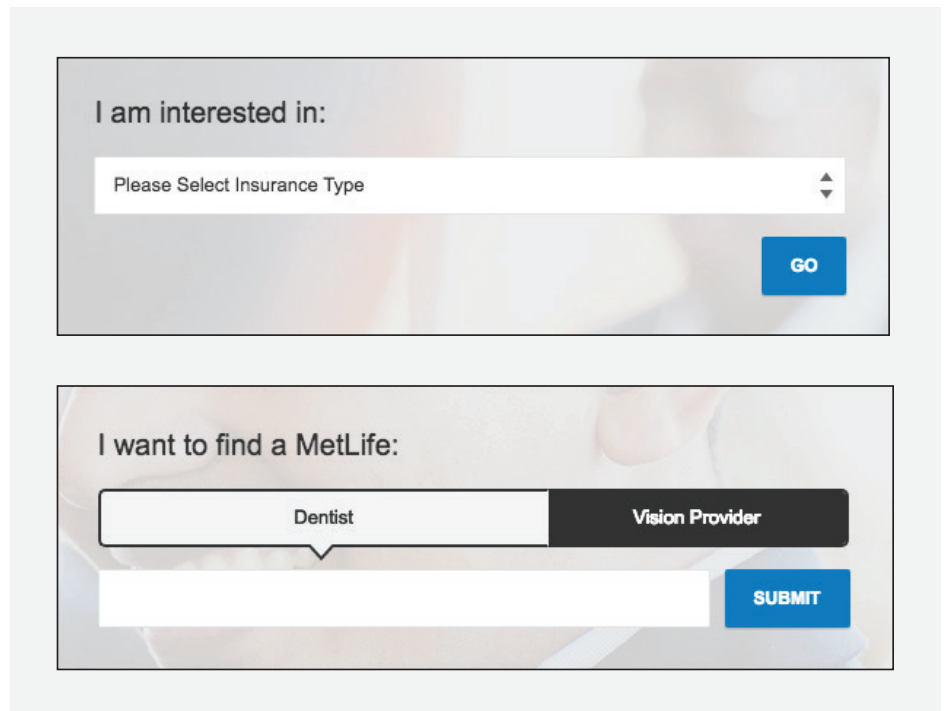
Step 2: Select “I want to find a MetLife:”

Click “Dentist” and enter your ZIP Code, and select your network.



Step 3: Advanced Search

Use the Advanced Search option to locate a dentist by name, language spoken, specialty or gender.



The screenshot shows two search options. The top option is titled "I am interested in:" and features a dropdown menu labeled "Please Select Insurance Type" with up and down arrows. To the right of the dropdown is a blue "GO" button. The bottom option is titled "I want to find a MetLife:" and features two tabs: "Dentist" (which is selected) and "Vision Provider". Below the tabs is a text input field. To the right of the input field is a blue "SUBMIT" button.

Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.